

Three Steeples Scoop

The Three Steeples United Methodist Church Newsletter



January - March 2018



Lay Servant's Corner

First Quarter

Dear Lord, help me to be a humble "starter," for when I fuel another's fire, then I too burst into new light and life.—Proverbs 3:28

A cozy inviting fire warms the heart and home. Of course we need matches, but more important is kindling. This can consist of pieces or parts of broken wooden items or useless dead branches and twigs fallen from trees that would otherwise go to waste. There is nothing glamorous or beneficial in this description of kindling, but put these items together, light a match and they become amazingly strong and useful, creating the warmth to heat a home and bring needed light to those in darkness. Some of us at Three Steeples may feel we are not shining stars and have nothing to offer, but we each have special talents that when combined with each other become a powerful force of warmth and light.

Marjorie Holmes, author of *Gifts Freely Given*, feels life itself is like this fire. Every accomplishment, every intention, depends on something smaller to start it, warm it, feed it. The greatest plane or rocket ship can only sit helpless, unable to get off the ground, until somebody fires it up. Without thousands of humble "starters," man would have never crossed an ocean or landed on the moon! Each of us is necessary in God's wonderful plan. People are our "starters" at Three Steeples. However humble the job or how small we may consider our contributions, everyone is useful and needed. Through simple attendance, words of encouragement, a helping hand or financial support, our "starters" provide the warmth and light within our church walls and outside in our communities.

In the wake of Pastor Steve's departure and so much uncertainty as we begin the New Year, Three Steeples is so fortunate to have wonderful "starters" like you. Together we will conquer the routine administrative tasks and projects of running a church. But much more exciting is the opportunity we have to light the way in the direction we would like to see Three Steeples go. This will require open and honest communication, patience and "thinking outside the box" about ways to attract new parishioners by enhancing our worship and fellowship experiences. Working together as one unified body, we are the "starters" that will fuel each other's fire as we burst into new light and life to overcome the challenges of the coming months.

Wishing You and Yours a Blessed New Year!

BOARD OF TRUSTEES NEWS

Summer 2017 brought the largest capital improvement to church property since the roof was replaced. An excellent job was done repairing and resurfacing the driveway and parking lot. Thank you to all who contributed to make this prominent improvement possible. The walls in the general office, Pastor's study and Head Start office were cleaned, repaired, sanded and painted. Through Memorial Committee funds, new pleated shades were hung in these offices increasing energy efficiency and appearance. The services of Orkin Pest Control were obtained to eliminate a carpenter ant infestation and mice in the kitchen as well as reduce the number of cluster flies and other insects throughout the church. Please resist the urge to keep the outside doors open during nice weather to prevent unwanted four-legged and flying "visitors" from entering. The circulator pump on the heating system was replaced. Heat and water monitors were installed to alert us to extreme inside temperature fluctuations and excess water. After many months of a gas odor in the west end of the church, the problem was eliminated with replacement of a gas line to the hot water tank in the kitchen. There will be no future worries about the quality of our well water since the church is now receiving water from the Town of Champlain's new water system. Hand rails were installed on each side of the front of the sanctuary to assist with climbing the stairs to the altar. The sanctuary is much brighter and inviting with new LED lighting throughout. As always, the Trustees are happy to hear your suggestions for maintaining church property and appreciate you being our "eyes and ears" so that small issues do not become major problems.



FINANCE COMMITTEE NEWS

At the Annual Congregational Meeting on December 31st, the 2018 budget was discussed and approved. A copy of that budget is in the front office if you would like information. All bills and mission shares were paid in a timely fashion. The repair and resurfacing of driveway and parking lot was a \$27,000 capital project handled in 2017. It looks amazing! We have a lot of changes in the financial realm this year with a new pastor expected by June, increases in janitorial and organist salaries, pulpit supply fees, projects associated with the parsonage, and other upgrades as they are necessary. It is amazing what our church was able to do this year. We are lucky to have faithful donations throughout the year. A sincere thank you for all you do all year through.

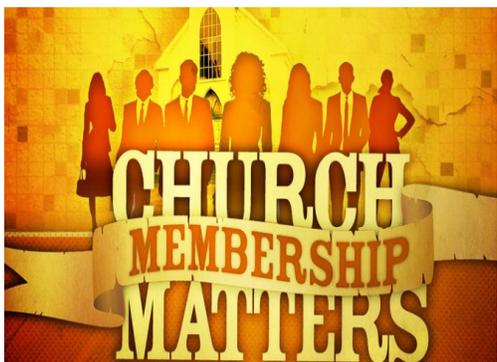
ENDOWMENT COMMITTEE NEWS

Many years ago Three Steeples was blessed in receiving endowment money and although some funds are restricted, there are two portfolios. One is for scholastic scholarships only and in 10 years we have made 53 awards to 22 qualifying students. In 2017 Lauren White and Daulton LaFlesh were lucky scholarship recipient's of the Goldwin and Maude Clark Scholarship. Funds from the second portfolio are applied to capital projects and missions. We contributed \$2,284 to local ministries through UMW and \$14,000 to parking lot project. Three Steeples has supported the education of community youth and improved its facilities by investing more than \$150,000 since the inception of the Endowment Fund. We are pleased to report both funds, under current conditions, are strong balanced portfolios and continue to appreciate in value.



STAFF PASTOR PARISH RELATIONS COMMITTEE NEWS

The Staff Pastor Parish Relations Committee has had a very busy year with the most meetings scheduled in a time period for years. We completed the Church Covenant, a huge undertaking essential to church activities and planning, and submitted it at the 2017 Annual Conference. In order to reach covenant goals from 2016, we created several events like vacation bible school, Taco Talk Tuesday, and Saturday Senior Supper. Those events will continue in 2018. Last year we had a newsletter and our church website will be two years old in March. There were over 12,000 visitors to that site last year. If you would like to know what our goals are for 2018, please ask a SPPRC member. This year, as many of you know, we have had to address many changes with the retirement of Pastor Steve Loan. We held several meetings to discuss pulpit supply issues, financial items, bulletin creation and daily tasks like answering the phone and getting the mail. We will continue to address these issues with support from District Superintendent, Reverend Bill Mudge, and will provide continual updates to parishioners.



Announcing Barb Robbins New Membership Secretary

Membership rolls are essential to every church and need to be up-to-date in order to answer questions in many areas from bulk mailers to scheduling events. Some of these important records can be lost or misplaced. Please check with Barb to verify that your information is current. If you have had any changes in address or essential church membership information, such as weddings or baptisms, please contact her.

WEATHER ADVISORIES WE DON'T TALK ABOUT



This year started off with a chilly start. Many people that choose to live here are avid skiers, outdoorsmen or have a love for the winter season. However, when being outside for more than thirty minutes in below zero temperatures can cause permanent damage due to frostbite one can become easily upset. When these temperatures last for a long period of time some can develop the winter blues or what we call “Cabin Fever” here in the Adirondacks. However, some can be affected by something completely overwhelming: Seasonal Affective Disorder or (SAD).

Lauren MacDonald states that Seasonal Affective Disorder is recognized as a type of depression and can cause increased anxiety, sadness and stress, lack of enjoyment in regular activities, feelings of isolation, mood swings, and several other symptoms that can take over your life. But there are ways to help

TEN LIFESTYLE METHODS TO COPE WITH SEASONAL AFFECTIVE DISORDER

1. EXERCISE REGULARLY

It seems that almost every health issue could be helped with regular exercise however, it can also greatly improve your mood because endorphins are released into your body, bringing forth positive feelings and increasing your energy. You’ll also reap the benefits of regular exercise – increasing your strength, cutting down your body fat, and feeling good and healthy overall.

2. MAKE SOCIAL PLANS

It can be tempting to plop yourself on your couch and watch endless hours of TV, but doing so will only make things worse. Instead of hibernating, make plans with friends and family. Get out of the house at least once a week, if not more. Even meeting a friend for a cup of coffee could lift your spirits.

3. PLAN A TRIP

For people living in more northern areas that have drastic changes in weather like snow, rain and freezing temperatures, sometimes you just need to break. So plan for the darkest months with a trip to somewhere hot. A trip down south to get a week of sunshine and warm weather will lift your spirits even just planning a trip also gives you something to look forward to. There are **many retreats planned by the Upper NY Conference. There is a Retreats and Events brochure in the church entryway. Events are hosted by the Upper NY UMC Annual Conference and provide a range of inexpensive activities. Relax and Enjoy and defeat the effects of SAD.**

4. SOAK UP THE SUN AS OFTEN AS POSSIBLE

While you may not enjoy the cold weather, odds are there are quite a few days during the fall and winter months that you can layer up and spend time outside. The sun might not be around for as long as you’d like, but going outside and soaking up the rays whenever you can could help reduce your symptoms of Seasonal Affective Disorder. Our bodies crave sunlight, so instead of cooping up in your house for 5 or 6 months, bundle up and head outside. Who knows – you might even learn to appreciate the cooler temperatures.

5. LET THE LIGHT IN

One of the easiest ways to help cope with your winter depression is to let daylight into your house wherever and whenever you can. Opening blinds and drapes during the day and accepting and embracing the daylight you're given could help you get past some of the symptoms you experience from SAD.

6. CONSIDER LIGHT BOX THERAPY

Light box therapy is a popular and often very effective way to cope with mild Seasonal Affective Disorder. They're effective because they mimic the sun's rays. You should use the light box every day in the morning to get the most benefits from it, and you can turn it on while you do normal tasks, like talking on the phone, eating breakfast, or working. Doctors differ in opinion on how many hours you should be exposed to light boxes, and like any form of depression, what works for one person might not work for another. Talk to your doctor to see where you should start.

7. CONSIDER SEEING A THERAPIST

Seasonal Affective Disorder is a form of depression, and sometimes the best treatment is talking it out with a therapist, or using a combination of therapy and lifestyle changes. If you experience moderate to severe winter depression, meaning it affects several areas of your life and prevents you from doing things, seeing a therapist could help. Sometimes small lifestyle changes are enough to pick someone up when they're feeling low, but it doesn't work for everyone. Seeing a therapist can get you to address negative feelings and learn how to change your perspective and behavior accordingly.

8. MAKE ROOM FOR 'ME TIME'

Me time isn't just about being alone—it's a time for you to be selfish (because you deserve it) and do something that you want to do. Read a book, take a bath, rent a movie, get a pedicure, try a new recipe—it simply doesn't matter what you enjoy, as long as you do it. Take the opportunity to do something that makes you happy and give you something to look forward to. Try getting this well-deserved time to yourself at least once a week. The weather is often a deterrent to following through on plans but don't let that get in your way. Push yourself to and don't make excuses.

9. AVOID OVERLOADING ON CARBS

During the winter, you're likely to turn to comfort foods filled with carbohydrates and that sit heavily in your stomach. Pastas and breads, mashed potatoes and pies, can tempt you to overload on carbs. While it isn't necessary to cut out carbs completely from your diet, having too much can worsen your symptoms of Seasonal Affective Disorder. Carbs can make you cathartic, directly affecting your mood with the spike—and inevitable drop—in your glucose level. Instead, eat a healthy, balanced diet rich in fruit, vegetables, protein and fiber. Get as much of the good stuff as you can and cut back on the carbs if you're feeling sleepy and lazy a lot throughout the winter.

10. TAKE MEDICATION IF NEEDED

There are so many different symptoms of Seasonal Affective Disorder, and the severity in which you experience these symptoms differs from person to person. In some cases, you'll need to add medication as part of your treatment plan to effectively cope with the winter blues. If you're struggling with SAD and it's affecting your daily activities or your relationships, talk to your doctor about the different options available like coping techniques, vitamins or medications.



LENT & EASTER

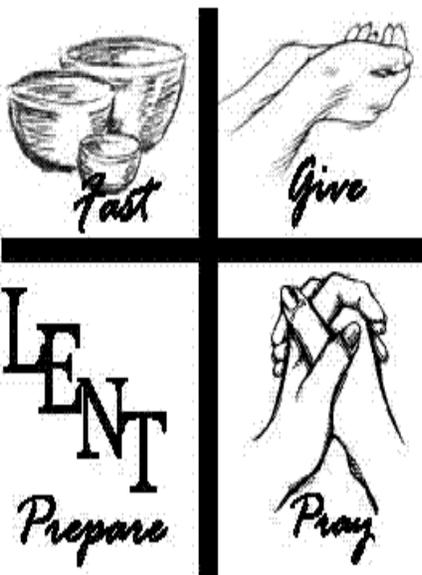
Ash Wednesday is an important day in the church calendar. It marks the beginning of Lent, a season of preparation for the celebration of Easter. It begins on Ash Wednesday and ends on Holy Saturday.

Ash Wednesday-February 14th
Holy Saturday-March 31st
Easter-April 1st
Pentecost-May 20th



Lent is a season of forty days, not counting Sundays, which begins on Ash Wednesday and ends on Holy Saturday. Lent comes from the Anglo Saxon word *Lenten*, which means "spring." The forty days represents the time Jesus spent in the wilderness, enduring the temptation of Satan and preparing to begin his ministry. In the early church, Lent was a time to prepare new converts for baptism. Today, Christians focus on their relationship with God, often choosing to give up something or to volunteer and give of themselves for others. Sundays in Lent are not counted in the forty days because each Sunday represents a "mini-Easter" and the reverent spirit of Lent is tempered with joyful anticipation of the Resurrection.

During Lent, we enter into a season of preparation, self-reflection and repentance when we seek to literally "turn around" and realign our lives and focus toward God. It is a time to give up things as well as take on new life-giving practices, helping us rid ourselves of distractions and our own selfish desires. By doing so, we seek to live and love as more faithful disciples of Jesus Christ.



The Easter Season, also known as Eastertide, or the Great Fifty Days, begins on Easter Day and ends on Pentecost. Focusing on Christ's resurrection and ascension and the sending of the Holy Spirit (Pentecost), Eastertide is the most joyous and celebrative season of the Christian year. We celebrate the good news that in Christ's death and resurrection we, and all creation, are continually being made new by God's love and saving grace.

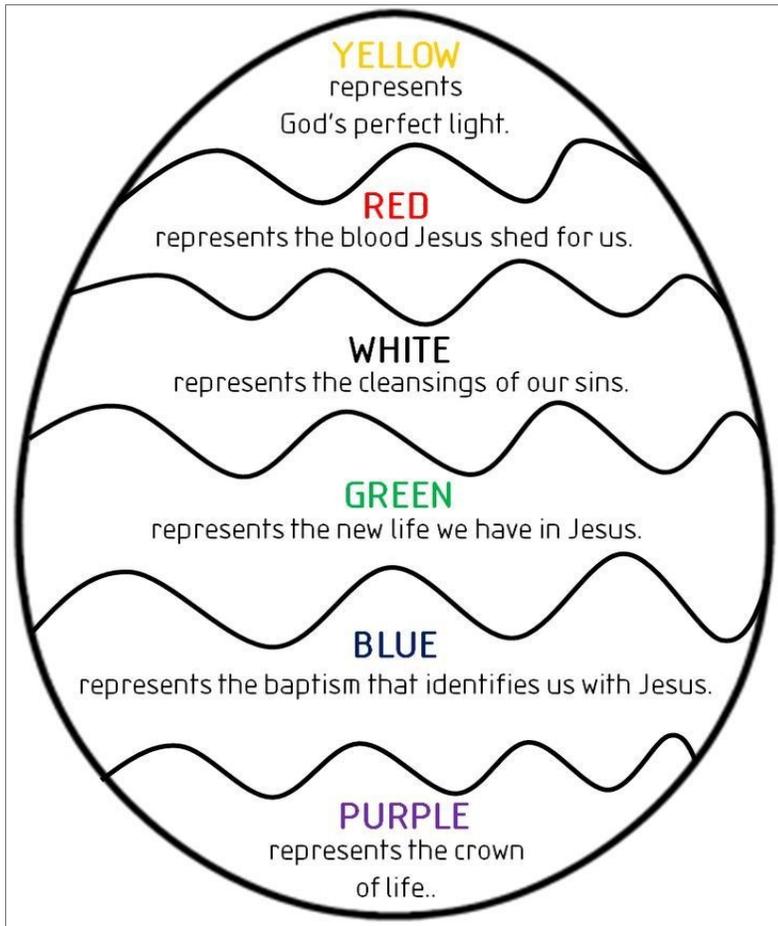
Pentecost is celebrated on the fiftieth day after Easter. The Greek word Pentecost means "fiftieth day." Pentecost is the day on which the Christian church commemorates the coming of the Holy Spirit upon the apostles and others assembled in Jerusalem.

LENT & EASTER QUIZ

TEST YOUR KNOWLEDGE

1. What does the term 'Lent,' mean?
 - ◇ Time
 - ◇ Length
 - ◇ Sacrifice
 - ◇ Spring
2. How did the early church observe Lent?
 - ◇ They remembered the mercy and forgiveness of Christ
 - ◇ They reconciled relationships among church members
 - ◇ They prepared converts for baptism
 - ◇ All of the above
3. When did United Methodists start the 'imposition of ashes?'
 - ◇ 1877
 - ◇ 1933
 - ◇ 1992
 - ◇ 2008
4. Does OUR Church have official rules for observing Lent?
 - ◇ Yes, members should abstain from meat on Fridays
 - ◇ Yes, members should fast once a week during Lent
 - ◇ Yes, members should abstain from sweets during Lent
 - ◇ All of the above
 - ◇ None of the above
5. What do some United Methodists not sing at Lent?
 - ◇ Alleluia
 - ◇ Doxologies
 - ◇ "In the Garden"
 - ◇ The communion liturgy
6. How often did John Wesley fast?
 - ◇ Twice a week
 - ◇ Twice a month
 - ◇ Twice a year
 - ◇ Rarely
 - ◇ He did not fast
7. When do congregations 'strip the Lord's Table?'
 - ◇ At the conclusion of Ash Wednesday worship
 - ◇ At the conclusion of Maundy Thursday worship
 - ◇ At the conclusion of Good Friday worship
 - ◇ At the conclusion of Holy Saturday worship
8. What does INRI mean on a crucifix?
 - ◇ Pontius Pilate, Prefect of Rome
 - ◇ Nazareth, Kingdom of Jerusalem
 - ◇ Sign of the Cross
 - ◇ Jesus the Nazarene, King of the Jews
9. Why are eggs associated with Easter?
 - ◇ They symbolize new life
 - ◇ They have a shell around the body inside, just as the tomb was around Jesus' body and then was cracked open
 - ◇ They can be dyed pretty colors to represent joy, just as we have joy that Jesus has risen
 - ◇ All of the above
 - ◇ None of the above
10. Why do some churches hold Easter sunrise services?
 - ◇ Jesus is sometimes called the light of the world
 - ◇ The women are said to have come to the tomb early
 - ◇ Easter prayer vigils were often ended as the sun rose
 - ◇ All of the above
 - ◇ None of the above

1. Spring 2. All of the above 3. 1992 4. None of the above 5. Alleluia 6. Twice a week 7. At the conclusion of Maundy Thursday worship 8. Jesus the Nazarene, King of the Jews 9. All of the above 10. All of the above



EASTER EGG

COLORING PAGE

Each layer
Describes Easter
colors and what
they Symbolize.

GOD IS FOUND IN ALL THINGS

EVEN IN A SNOWMAN!

The Meaning of the Snowman.

The white snow represents purity and God's forgiveness of our sins or HIS grace. The circular snowballs show the everlasting life God promises us and they symbolize the Holy Trinity. The carrot nose shows us that God has created and given us the Earth and all living things. The black coal mouth smile reminds us to give God praise and to show thankfulness. The scarf keeps us warm, just as God's love does. The top hat reminds that we should honor God above all things. The twig arms remind us that we are in HIS care and HE is always there to hold us when we need HIM forever and always.



CHILDREN'S SECTION

WINTER SATURDAY FREE FAMILY CINEMA

EVERY THIRD SATURDAY

Movies Playing at 1:-00 pm & 3:00 pm



THE PLATTSBURGH LIBRARY

19 OAK STREET, PLATTSBURGH, NY 12901

January 20th

- 1:00 —The Phantom Tollbooth (1970, G, 1:30 run time)
3:00—LEGO Ninjago Movie (2017, PG, 1:41 run time)

February 10th

- 1:00 —The Cat from Outer Space (1978, G, 1:44 run time)
3:00—My Little Pony: The Movie. (2017, PG, 1:39 run time)

March 3rd

- 1:00 —The Wiz (1978, G, 1:35 run time)
3:00—The Emoji Movie (2017, PG, 1:26 run time)

March 24th

- 1:00 —The Brave Little Toaster (1987, NR, 1:30 run time)
3:00—The BFG (2016, PG, 1:45 run time)

April 14th

- 1:00 —The Love Bug (1968, G, 1:47 run time)
3:00—Cars 3 (2017, G,,1:49 run time)

May 5th

- 1:00 —Pee-Wee's Big Adventure (1985, PG. 1:30 run time)
3:00—A Dog's Purpose (2017, PG, 2:00 run time)

United Methodist Glossary

As the search for our new Pastor progresses, we may hear many unfamiliar or confusing terms. This list is very helpful in defining terms associated with church affairs so that we can make informed decisions and plans moving forward.

Glossary of United Methodist Terms

Compiled by Phil Lentz, Student Assistant

Annual Conference: Meets once a year to represent United Methodists in a particular geographical area. All clergy are members. Each local church or charge elects at least one lay member of Annual Conference so that lay members equal clergy members. The Annual Conference is responsible for accepting goals and approving the budget for the work of the United Methodist Church in its area. It is also responsible for approving persons for ordinations as clergy and consecration as diaconal ministers.

Appointment: The pastoral charge or other position in the church to which an ordained ministerial member is assigned by a bishop, or between sessions of the Annual Conference, by a district superintendent.

Apportionment: (Now known as Mission Shares): The fair share assigned to a local church or other United Methodist body by proper church authority, to be raised by that body as its portion of the church fund.

Bishop: Responsible for the work and oversight of the church in a particular Annual Conference or conferences. The bishop, in consultation with district superintendents, parishes and local churches, appoints pastors to local churches.

Book of Discipline of The United Methodist Church: Contains the rules and laws governing the United Methodist Church. It also contains information about the church's history, some theological statements, the Social Principles, and the Social Creed.

Cabinet: The resident bishop and the district superintendents of an Annual Conference acting together as a body.

Charge Conference: Annual meeting of a church where officers are elected for the coming year. It also receives reports, reviews and evaluates the total mission and ministry of the congregation, and adopts objectives and goals recommended by the Administrative Council or Board. It also recommends candidates for the ordained and diaconal ministry to the District Committee on Ordained Ministry or to the Conference Board of Diaconal Ministry. Members of the Administrative Council or Board, are members of the Charge Conference. The district superintendent calls the meeting and presides over it. Anyone may attend the meeting.

Circuit: Two or more local churches that are joined together for pastoral supervision.

Deacon: (Before 1996) An ordained minister who has progressed far enough in preparation for ordained ministry to be received by an Annual Conference, as either an associate member or probationary member, and who has been ordained deacon.

District Superintendent: Oversees the work of churches within a geographic region called a district. District superintendents within an episcopal area comprise the bishop's cabinet. The bishop makes the appointments of pastors to churches.

Elder: A clergyperson who has completed preparation for the ministry of Word, Sacrament, and Order; has been elected into full connection by an Annual Conference, and has been ordained as an elder.

General Conference: Meets every four years for the purpose of speaking and acting on behalf of the national/international body of the United Methodist Church. Delegates are elected by Annual Conferences. Half the delegates are clergy and half are laypersons.

Itineracy: The system of The United Methodist Church by which clergy are appointed to their charges by the bishop and are under discipline to accept such appointments.

United Methodist Glossary (Continued)

Lay Leader: Charged with fostering the role of the laity in the mission of the church, both through ministries of the congregation and in their homes, workplaces, and neighborhoods. Is involved in training opportunities to develop a growing understanding of the church and alerting the church to opportunities for more effective ministries throughout the laity. Meets regularly with the pastor to discuss the state of the church and its needs for ministry. Is a member of the Administrative Council or Board, Council on Ministries, and Committees on Nominations, Personnel and Finance.

Local Pastor: A lay person approved by the clergy membership during an Annual Conference and authorized to perform all the duties of pastor, including the sacraments, while assigned to a particular charge under the specific supervision of a counseling elder, and are subject to annual renewal.

Pastoral Charge: One or more churches that are organized under, and subject to, the Discipline, with a single Charge Conference, and to which a clergy person is, or may be, duly appointed or appointable as pastor in charge. An ordained ministerial member is assigned by a bishop, or between sessions of the Annual Conference, by a district superintendent. Usually this is done according to the church year (June 1st to May 31st).

Pulpit supply: Is when Conference Leaders, Lay Advocates, Certified Lay Servants, or other church members or committees find replacement preachers for providing weekly sermons when a local pastor or full time pastor cannot fulfill their pastoral charge duties.



TACO TALK THURSDAY!

A free event for the entire family.

Enjoy a "BUILD YOUR OWN TACO DINNER"

Beginning with discussion about

St. Valentine and God's Love.

THREE STEEPLES

THURSDAY, FEBRUARY 15, 2018

From 5:30 p.m. to 7:00 p.m.

Come you have much faith or you who have little. Join us if you attend church or not. Join us not because this church invites you, but because you want to learn more, ask questions, or simply want to introduce your child to the love of GOD.



SENIOR SATURDAY "SOUP-ER"

THREE STEEPLES CHURCH
491 STATE ROUTE 11,
Champlain, NY 12901

MARCH 3, 2018

4:30 p.m. to 5:30 p.m.

ENJOY A BOWL OF SOUP
&
A SMALL GROUP
DISCUSSION ABOUT
SCRIPTURE AND SENIORS.

SOMETHING FOR EVERYONE EVENT PAGE

1/17/2018 - Class - Valentine Soap Making - The Strand Center Community Room

Location: 23 Brinkerhoff St, Plattsburgh, NY 12901

Time: 10:00 am - 12:00 pm

Ages 18 & up - Make cupid jealous With melt & pour soap making! Make a great gift for a loved one!

Visit:<http://www.strandcenter.org>

1/18/2018 - State of the County, City and Town

Location: Holiday Inn

Time: 7:30 - 9:30 pm

1/19/2018 - 1/20/2018 - Governor Cuomo Announces Upcoming Events At Lake Placid

Location: Olympic Jumping Complex

FIS Freestyle Aerials World Cup freestyle aerial skiers will soar as high as 60 feet in the air. This is the final Olympic qualifying World Cup event.

1/20/2018 - Class - Valentine Soap Making - The Strand Center Community Room

Location: 23 Brinkerhoff St, Plattsburgh, NY

Time: 3:00 - 4:00 pm

Ages 18 & up - Make cupid jealous with melt & pour soap making! Make a great gift for a loved one!

Visit:<http://www.strandcenter.org>

1/20/2018 - Class - Tessellate & Create At The Strand Center Community Room

Location: 23 Brinkerhoff St, Plattsburgh, NY 12901

Time: 9:00 am - 11:30 am

Ages 7-18. Students will be enlightened on M C Escher's work & create their own tessellations.

Visit:<http://www.strandcenter.org>

1/20/2018 - Class - Dancing Ladies Canvas At Strand Center Community Room

Location: 23 Brinkerhoff St, Plattsburgh, NY 12901

Time: 12:00 pm - 2:00 pm

Ages 13 & up - Using alcohol ink & an 8x10" canvas, celebrate sisterhood & femininity with vibrant colors! Visit:<http://www.strandcenter.org>

Visit:<http://www.strandcenter.org>

1/20/2018 - Tell A Friend Tour At Titus Mountain Family Ski Center

Location: 215 Johnson Rd, Malone, NY

Time: 9:00 am - 5:00 pm

Join Titus Mountain Family Ski Center for their tell a friend tour, a great terrain park event!

Visit:<http://www.titusmountain.com>

1/21/2018 - World Snowboard Day At Titus Mountain Family Ski Center

Location: 215 Johnson Rd, Malone, NY

Time: 10:00 am - 5:00pm

Celebrate World Snowboard Day at Titus Mountain Family Ski Center where you get discount

snowboard rentals and free snowboard intros with a lift ticket! Visit: <http://www.titusmountain.com>

1/27/2018 - 1/28/2018 - Winter Workshop Series At Fort Ticonderoga

Location: 102 Fort Ti Rd, Ticonderoga, NY

Learn construction detail as you build your own men's 1770 civilian coat - Surtouts & Straight-Bodied

Coats. Visit: <http://www.forticonderoga.org>

2/2/2018 - 2/11/2018 - 120th Saranac Lake Winter Carnival

Location: Downtown Saranac Lake

10 day festival of performances, sports, dances, parades, fireworks & the famous Ice Castle. Events

schedule, Visit: <http://www.saranaclakewintercarnival.com>

2/3/2018 - Class - Intro To Spinning Yarn - Starnd Center Community Room

Location: 23 Brinkerhoff St, Plattsburgh, NY 12901

Time: 10:00 am - 2:00 pm

Ages 13 & up. Join Heidi Fortsch & work with various types of wool to create hand-spun yarns. Bring

your fully functioning spinning wheel & get to it! Visit: <http://www.strandcenter.org>

2/8/2018 - Class- Tree Of Life Alcohol Ink Tile - Strand Center Community Room

Location: 23 Brinkerhoff St, Plattsburgh, NY 12901

Time: 5:30 pm - 7:30 pm

Ages 13 & up - No experience needed. Learn about alcohol ink techniques & make a customizable tree

of life on a tile. Great gift! Visit: <http://www.strandcenter.org>

2/10/2018 - Class - Heels - At The Strand Center For The Arts

Location: 23 Brinkerhoff St, Plattsburgh, NY 12901

Time: 2:00 pm - 3:00 pm

Ages 18 & up - Join Heather Van Arsdel & break into the fundamentals of dancing in Heels! Wear heels

that will be comfortable to wear for an hour. Info & to register, visit: <http://strandcenter.org/>

2/10/2018 - Class - Beat Winter's Chill With Contemporary - At The Strand Center

Location: 23 Brinkerhoff St, Plattsburgh, NY 12901

Time: 12:00 pm - 1:30 pm

Ages 8-18 - Come inside & get moving. Contemporary workshop - great for dancers intermediate to

advanced. Info & register, visit: <http://strandcenter.org/>

2/11/2018 - Soldiers Of Color At Fort Ticonderoga

Location: 102 Fort Ti Rd, Ticonderoga, NY In celebration of Black History month, join Stuart Lilie, to explore the diversity of soldiers who fought at Ft. Ti. Visit: <http://www.forticonderoga.org>

2/17/2018 - 1775 British Garrison Event At Fort Ticonderoga

Location: 102 Fort Ti Rd, Ticonderoga, NY

See how British soldiers & their families lived at Ft Ticonderoga on the eve of the American Revolution.

Visit:<http://www.forticonderoga.org>

2/18/2018 - Cabin Fever Sundays at Adirondack Experience

Location: 9097 State Rte 30, Blue Mountain Lake, NY

Time: 1:30 pm - 3:30 pm

Join Marianne Pattinelli-Dubay for a lecture on -The Adirondack Roots of American Philosophy - a look into the origins of the Philosophers Camp of 1858. Visit: <http://goadirondack.com/Search/Detail/454>

2/19/2018 - 2/22/2018 - Class - Intro To Cartooning & Anime - At The Strand Center

Location: 23 Brinkerhoff St, Plattsburgh, NY 12901

Time: 1:00 pm - 4:00 pm

Ages 8-12 yrs. 4-day course, learn the basics, bring your imagination. Info & to register, visit:

<http://www.strandcenter.org/>

2/20/2018 - 2/22/2018 - Family Outdoor Snowshoe & Cross-Country Ski Program

Location: Cadyville Recreation Park

Time: 1:00 pm - 2:30 pm

Free! For more details & registrations, call 518-565-4750

3/3/2018 - 3/4/2018 - Weekend Pancake Breakfasts at Parker Family Maple Farm

Location: 1043 Slosson Road, West Chazy, NY

Time: 8:00 am -1:00 pm

Join Parker Family Maple Farm for an all-you-can-eat breakfast buffet in their cozy pancake house every weekend from March 3rd to April 29th. Visit: <http://www.parkerfamilymaple.com/>

3/4/2018 - Cabin Fever Sundays at the Adirondack Experience

Location: 9097 State Route 30, Blue Mountain Lake, NY

Time: 1:30 pm - 3:30 pm

Join Peter Hemmerich at the Adirondack Experience for a lecture on -The Life & Times of ADK French Louie Seymour - a visit into the life & adventures an Adirondack trapper, guide & hermit.

Visit:<https://www.theadkx.org/>

3/5/2018 - 3/10/2018 - Class- Spring Fling Soap Making - Strand Center Community Room

Location: 23 Brinkerhoff St, Plattsburgh, NY 12901

March. 5 & 7 from 10am -12pm. On Mar. 10 from 1-2pm. Ages 18 & up. A 3-session class of melt & pour soap making with a spring scent. Visit: <http://www.strandcenter.org>

3/10/2018 - 3/11/2018 - Weekend Pancake Breakfasts at Parker Family Maple Farm

Location: 1043 Slosson Road, West Chazy, NY

Time: 8:00 am - 1:00 pm

Join Parker Family Maple Farm for an all-you-can-eat breakfast buffet in their cozy pancake house every weekend from March 3rd to April 29th. Visit: <http://www.parkerfamilymaple.com/>

3/10/2018 - 3/11/2018 - Winter Workshop Series At Fort Ticonderoga

Location: 102 Fort Ti Rd, Ticonderoga, NY Learn the latest research on British Regimental Coats as you construct your own. Bring your own lace & buttons to customize your trim. Vis-

it: <http://www.forticonderoga.org>

3/10/2018 - Class- St. Patty's Day Melted Crayon Art - Strand Center Community Room

Location: 23 Brinkerhoff St, Plattsburgh, NY 12901

Time: 9:00 am - 11:30 am

Ages 7-18. A colorful artwork of rainbows & gold, just in time for St. Patty's Day!

Visit:<http://www.strandcenter.org>

3/11/2018 - History & Human Rights At Fort Ticonderoga

Location: 102 Fort Ti Rd, Ticonderoga, NY

Learn of a charmingly aggressive woman,

Sarah Pell & her struggle for Human Rights. Visit:<http://www.forticonderoga.org>

3/15/2018 - Class - Alcohol Ink Adirondack Tile - Strand Center Community Room

Location: 23 Brinkerhoff St, Plattsburgh, NY 12901

Time: 5:30 pm - 7:30 pm

Ages 13 & up. Alcohol inks & a ceramic tile will be used to create a beautiful Adirondack mountain scene. Vis-

it:<http://www.strandcenter.org>

3/17/2018 - 3/18/2018 - Maple Weekends Open House & Breakfast at Parker Family Maple Farm

Location: 1043 Slosson Road, West Chazy, NY

Time: 10:00 am - 3:00 pm

Join Parker Family Maple Farm for NYS Maple Weekends & enjoy free samples, sugarhouse tours, demos, horse-drawn wagon rides & a pancake breakfast buffet! Visit: <http://www.parkerfamilymaple.com/>

4/1/2018 - Easter Sunday Brunch at Parker Family Maple Farm

Location: 1043 Slosson Road, West Chazy, NY

Time: 10:00 am - 2:00 pm

Join Parker Family Maple Farm for a festive Easter all-you-can-eat brunch at the pancake house with a visit from the Easter Bunny & an Easter egg hunt at noon! Teams can compete for 1st, 2nd and 3rd place prizes every week.

**Three Steeples
United Methodist Church**

491 State Route 11
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We're on the Web!

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The Mission of Three Steeples United Methodist Church is to connect people to Jesus Christ and to each other by sharing our faith and love. We seek new members and support them in their spiritual journey by providing a community of fellowship.

Welcome to the worship and fellowship of Three Steeples United Methodist Church. May this time together in God's presence lift your spirits, bring you hope, and fill your heart with love.

To our visiting brothers and sisters of Christ, our worship services have been blessed by your presence. We would love to get to know you and invite you to attend fellowship gathering immediately after service.

***Cast all your anxiety on HIM,
because he cares for you—1 Peter 5:7***

If you would like to contribute an article or have an idea that should be included in our next edition, or you no longer wish to receive this newsletter, please email

**Tia LaFlesh at dotts12919@gmail.com or
Linda Yelle at hopeydopey@primelink1.net.**

CHANGE SERVICE REQUESTED

Three Steeples United Methodist Church
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